



**Milan,
the stylish way
to learn Italian!**



**International
House
Milan**

www.ihmilano.com

Welcome!

Welcome to International House Milan.



"This trip to Italy is a wonderful opportunity for you to learn or improve your Italian, make new friends and learn about a culture that has contributed so much to the world. We hope your stay with us will be both productive and enjoyable. Our goal is to offer our clients an efficient, personalised and student friendly service and to improve this service by listening to you and responding to your needs. We look forward to welcoming you to Italy, to Milan and our school."

Sieglinde Wolkan and Claudio Tedesco
Managing Directors

Milan, the city of style

Milan is a fascinating city and a great place to study Italian.

Famous as **one of the fashion and design capitals of the world**, every year Milan hosts several international exhibitions that attract people from all over the world. Along its glamorous shopping streets you can rub shoulders with stars and those in search of elegance and style.

Milan has a population of over 1,300,000 people. It is the financial centre of Italy and the country's economic engine.

It has been selected to host **2015 EXPO** and is preparing to welcome millions of visitors.

But Milan is much more than this! It's a city to be discovered little by little and has something to offer everyone.



"I found Milan a very comfortable city to work and live in. It is very well organised and full of unusual social events and activities"

Anna, Russia



➤ **Milan = History, Art and Culture:** there are **historical buildings** to admire – such as the Duomo, our unique gothic cathedral, the Castello Sforzesco and Palazzo Reale – a great variety of **museums** to enjoy – among which the prestigious Pinacoteca di Brera, Milan's largest art gallery and one of the most important in Italy, and the Museum of Science and Technology, dedicated to Leonardo da Vinci – **villas, monuments and churches to visit** – Santa Maria delle Grazie with Leonardo da Vinci's Last Supper should not be missed! – and **hidden treasures to discover** – such as the Bohemian area of Brera with its art galleries, artists' cafés, fortune-tellers and antique shops.

➤ **Milan = Knowledge:** the city has a long tradition as a university centre for research and training. It has some of the most **prestigious universities** in Italy – such as the Politecnico di Milano, Università Bocconi, Università Cattolica, Università Statale – **and specialist schools** – such as IED, Marangoni and Accademia del Lusso.

➤ **Milan = Lifestyle and Entertainment:** whatever your age, taste and expectations, **you will find what you are looking for in Milan!** Opera, cinema, salsa dancing, theatres and nightclubbing, restaurants and bars that cater to every taste. **Aperitivi and International Nights** in the Brera or Navigli areas. Every night the Milanese meet after work or study to talk over a drink and delicious snacks in the many bars and cafés, the perfect opportunity for students to make new friends and enjoy a great evening out!

➤ **Milan = Shopping:** **shoppers** of all kinds will love Milan's many designer stores, especially during the **winter and summer sales** in January and July. Take a walk around the Golden Quad and enjoy the season's creations of the world's best known designers or lose yourself in the dozens of megastores and hundreds of shops that sell all kinds of clothes and accessories, from top brands to vintage.

➤ **Milan = Food:** food is another Milanese joy, with more than 1000 restaurants that offer the **excellence of Italian regional food**, from Michelin starred to family-run trattorias and osterias, pizzerias and international cuisine.

➤ **Milan = Music:** **the Scala Opera House** is a shrine and treasure trove for opera and classical music lovers, with performances every night, but jazz lovers will find excellent venues in the **Navigli (canal) district**. Plus there are rock and pop concerts all year round.

➤ **Milan = Football:** A.C. Milan and Inter are the two home teams, featuring many household names. A match at **San Siro Stadium** **should not be missed!**

When you have seen its main features, **Milan is also an ideal place from which to explore the rest of Italy:** easy to reach, near the sea, mountains, lakes and rival historical cities such as Venice, Florence, Verona and many more. Rome is just 3 hours away by high-speed rail!

International House Milan

Mission Statement

*We are committed to **Excellence** in our language services.*

*We give you all the **support** and **confidence** you need to achieve **outstanding communication**.*

*We believe that your challenges and goals are a **BIG** deal! Working together will help you reach levels of success that just might **surprise** you...*

Location

International House Milan occupies an entire floor of the famous **Torre Velasca**, one of the most important symbols of Milan, **just a few minutes walk from the Duomo Cathedral**, the Scala Opera House and the main shopping district of the city. The school is very well connected by public transport to all parts of town, just in front of the Missori stop on line 3 of the underground and very close to the Duomo stop on lines 1 and 3.

Accreditations



"Everyone has been I have enjoyed being in and being able to speak





*friendly and accommodating.
an "Italian only" environment
Italian without fear"*

James, Australia



Facilities

Our **modern, air-conditioned school** is the perfect environment for language learning. The classrooms are bright and equipped with flat TV screens, DVD players and audio facilities. There is a comfortable common room - where students can relax, have a chat or read newspapers while drinking a cappuccino - and a self-study lab for students willing to work on their Italian in a more structured way outside the classroom.

At IH Milan you'll find:

- › **13 bright and comfortable rooms**, including 3 in the Executive Centre
- › **Flat TV screens, DVD players and audio facilities** in every classroom
- › **Comfortable and informal common room**
- › **Library corner** with useful books and DVDs (wide selection of Italian movies available!)
- › **Self-study lab** with computers and listening and reading facilities
- › **Computer corners**
- › **Free internet and Wi-Fi**

If you are looking for:

- › One of the most centrally located schools in the city
- › Highly trained native speaker teachers
- › Friendly and welcoming atmosphere
- › Professional and flexible approach
- › Opportunities to meet Italian native speakers during Pub Quizzes and Happy Hours
- › Extra school services, such as an accommodation office, organisation of a rich social programme and support for visa applications

...IH Milan is the best choice for you!

We also have a centre in San Donato Milanese where, on request, we organise personalised programmes or small group courses.

Torre Velasca is *one of the most representative and famous buildings in Milan*, a symbol of the Milanese landscape. Built at the end of 1950s to showcase the new side of Milan as the economic capital of Italy, it was designed by a group of Milanese architects. It has a mushroom shape and is almost 100 metres high. The Torre Velasca has recently been awarded protected status for its historical and architectural value.

Excellence in Teaching = Excellence in Learning

International House teachers are among the most highly qualified and respected in the world of language teaching. Like all International House schools, we are committed to providing **high quality instruction** in the classroom and to fostering a high degree of academic professionalism.

What does a typical lesson include?

- › Practical task-based work that makes the class intensive and interactive
- › Guided discovery to understand new grammar structures
- › Reading and listening activities to develop comprehension, introduce new grammar structures and expand vocabulary
- › Pair and group work to practise a specific aspect of the language
- › Role plays that help you to speak Italian in a natural way
- › Discussions on current affairs and cultural issues and a lot of speaking practice
- › Practical applications of language skills on Friday mornings with special lessons

Do we use a course book?

Sure we do! But not only!

- › Extra material is always used to complement the book and make the lessons more interactive
- › Italian films are used in class and specific tasks have been developed by our teachers for different levels. This is one of the best ways to “explore” Italian culture and language
- › Special Friday lessons are also an extra benefit to know Milan better and practise Italian with specific language targets
- › Tailor-made material is also used in one-to-one and Executive courses



The IH Milan teacher is an Italian native speaker, holds the internationally recognised IH Certificate or CELTA equivalent, uses a wide range of modern approaches and techniques in the classroom, is funny, outgoing, highly professional, keeps updated on the latest trends of teaching methodology, teaches students how to communicate effectively in Italian, is coordinated and supported by a full-time Director of Studies.

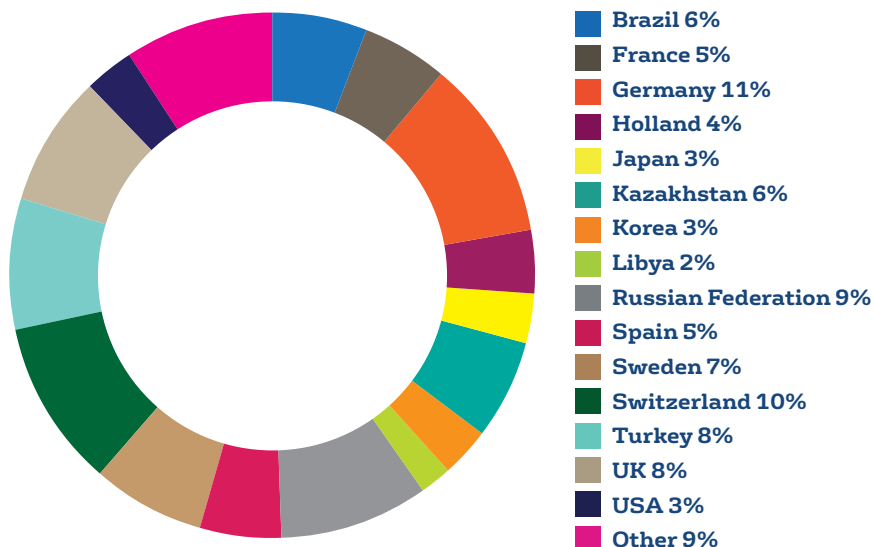




Our students

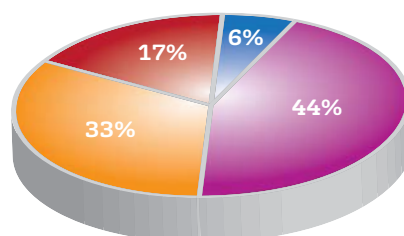
Students come to Milan for many different reasons. They visit friends, enrol at a fashion or design school, study for an MBA, relocate to Milan with their family for business reasons, or are simply attracted by the vibrancy of our city. The nationalities represented are as varied as the students themselves, their ages and backgrounds. At International House they will make a lot of new friends who share the same interest in learning the language and exploring Italian culture.

Nationalities



Age range

25-32: 44%
 18-24: 33%
 33-45: 17%
 46+: 6%





All-year round group courses

Group courses focus on **combining the most important skills** when learning a language: speaking, listening, reading and writing. The most up-to-date books as well as authentic material such as magazines, videos and newspapers are used to make the course stimulating and interesting.



Standard 20

This course is ideal for students who can dedicate the whole morning to studying Italian.

- **20 x 45 minute lessons** per week
- *Minimum course length: 1 week*
- *10.00-13.15, Mon to Fri*

Intensive 28

This course combines the Standard Course with the benefit of 8 extra lessons per week in the afternoon, during which students focus on specific aspects such as conversation, pronunciation, grammar, listening and vocabulary.

- **28 x 45 minute lessons** per week
- *20 x Standard Course and 8 x Focus lessons*
- *10.00-13.15, Mon to Fri and 14.30-16.00, Mon to Thurs*

Super Intensive 30

This course combines the Standard Course with the benefit of 10 one-to-one lessons per week in the afternoon, during which students can focus on General Italian or Italian for Business, Fashion, Design, Tourism, or exam preparation.

- **30 x 45 minute lessons** per week
- *20 x Standard Course and 10 x one-to-one lessons*
- *10.00-13.15, Mon to Fri and flexible one-to-one in the afternoon*

Evening course

This course is ideal for students who work or study during the day and can only attend lessons in the evening or for those who wish to continue studying the language after settling into life/business in Milan, moving from an intensive to a longer term course. Lessons cover all aspects of the language, placing great importance on speaking Italian.

- **4 x 45 minute lessons** per week
- *19.00-20.30, Mon+Wed or Tues+Thurs*



Key facts:

Levels: from beginner to advanced

Class size: minimum 5, maximum 10 students per group

Starting dates for beginners: fixed during the year

Starting dates for other levels: any Monday

Executive and personalised Programmes

Our Executive and personalised courses are tailored to the **specific needs** of the student. They are aimed at clients who need to improve their level of Italian in a short period of time and might have to use Italian in their profession. They are ideal for clients who would like to focus on specific aspects of the language. Before the course starts, a **detailed needs-analysis** and a **language test** are taken to identify the language needs and level. The aim is to make the course as effective and successful as possible. Lessons can be taken at our centres or in-company.



Courses can follow a General Italian programme and/or a Professional Italian programme, focusing on specific areas, such as:

- › **Business, Marketing and Communication, Finance, Law, Insurance and Human Resources**
- › **Fashion and Design**
- › **Medicine**
- › **Music**



Lessons **via Skype** are available



Course formats - One to One

Semi Intensive: 20 lessons per week

Intensive: 30 lessons per week

Full Immersion: 45 lessons per week

One-day seminar: 10 lessons in one day

Flexible one-to-one: min 20 lessons, flexible schedule

Italian in practice

This can be taken during any of the Individual Tuition Programmes and is the perfect opportunity to practise Italian in real life situations such as at the bank, the post office, the train station, the supermarket. Part of the course can be spent on practical information about living in Milan (e.g. how to enrol children in an Italian school, cross-cultural aspects, etc.). The cultural side of Milan can also be discovered with the teacher during visits to the Last Supper by Leonardo Da Vinci, the Duomo, the Scala Opera House and Brera Art Gallery.

Lunch with the teacher

Ideal to practise Italian in a more relaxed context. It can be booked in combination with all the Executive Programmes.

Special Programmes

Italian for Fashion and Design

The course concentrates on the study of the Italian language, and develops all the linguistic skills. At the same time, it focuses on tailor-made group lessons created to **meet the language needs of students and professionals of the Fashion and Design industry**. A needs analysis is drawn up before the course starts to identify the main interests and expectations of each participant.

Key facts:

- › **28 x 45 minute lessons** per week
- › 20 x Standard Course and 8 x Focus lessons on Italian for Fashion and Design
- › Level: from Pre-Intermediate A2
- › Course length: 2 to 4 weeks

Survival Italian for beginners

This is a Survival Italian course **created especially for travellers wishing to spend a holiday in Italy**. Everything you learn has a practical use: introducing yourself, ordering food and drinks in cafés or restaurants, asking for directions, booking a hotel room, buying food at the supermarket or shopping. Plus survival tips on how to buy train tickets, how much and when to tip, driving etiquette, etc.

Key facts:

- › **15 x 45 minute lessons** per week
- › Course length: 2 weeks

Italian for Shopping

This course aims to develop the knowledge of general Italian and to **provide the language skills needed to use Italian while shopping**. The approach is very practical: you'll learn how to describe clothes and accessories, deal with shop assistants, make polite requests (including asking for a discount!) etc. You will also visit the famous "Quadrilatero della Moda" (the so-called Golden Quad) and practise what you've learned in the classroom in real situations.

Key facts:

- › **28 x 45 minute lessons** per week
- › 20 x Standard Course and 8 x Focus lessons on Italian for Shopping
- › Level: from Elementary A2
- › Course length: 1 week

Italian in the Kitchen

Can be combined with a morning course!

This course aims to teach **students how to prepare some typical Italian dishes, learning traditional recipes to try out again back home!** The course naturally provides an opportunity to practise your Italian, with special emphasis on the vocabulary of recipes, cooking and the kitchen. The "cuochi" will obviously taste everything they make!

Key facts:

- › **15 x 45 minute lessons** per week
- › Level: from Elementary A2
- › Course length: 2 weeks

Italian for Business

Can be combined with a morning course!

This course aims to **provide the language skills needed to use Italian at work**. You'll learn how to write a CV, have a successful interview in Italian, speak about your background and experience, use language formally or informally in a range of contexts, give a presentation in Italian, write formal and informal e-mails, speak on the phone, organise and take part in meetings.

Key facts:

- › **10 x 45 minute lessons** per week
- › Level: from Intermediate B1
- › Course length: 2 weeks

Italian for Football

Can be combined with a morning course!

This course aims to **teach the language of sports, and football above all**. With the use of authentic materials such as the newspaper "La Gazzetta dello Sport" and films of matches, you will improve specific vocabulary linked to football, the history of Italian football and football in Milan in particular and learn how to talk about football with Italian friends. You will also have the chance to visit Meazza (San Siro) Stadium!

Key facts:

- › **10 x 45 minute lessons** per week
- › Level: from Elementary A2
- › Course length: 2 weeks

Enjoy 50 +...e non solo!

The Enjoy 50 +...e non solo! programme has been specifically **created to cater for students of any age who prefer to discover Milan at a more relaxed pace and are interested in learning Italian while enjoying art, culture and our world famous cuisine.**

Lessons are organised at all levels and are very interactive. They focus on the most practical uses of Italian language, from facing every day situations such as going shopping and booking a hotel room to using History of Art, Opera and Italian culture as springboards for discussion.

Key facts:

- › **20 x 45 minute lessons** per week + cultural and social activities
- › **Minimum entry level: Beginner A1**
- › **Course length: 2 weeks**



Italian with Internship

The Italian with Internship programme combines the **study of the Italian language** with the opportunity of **working in the busy environment of our language school.** The **ideal candidate** should be **over 21** with at least a **mid-intermediate level** of Italian, should have a **high school diploma or a degree** and be a reliable, outgoing and hard-working person. It's an **8-week programme** and is made up of 4 weeks of course only and 4 weeks of course in the morning and work in the afternoon, for about **2 hours each day.** Tasks include helping on the reception desk, making contacts with fashion and design schools and universities, helping the marketing department. The work is intended to help you put your Italian into practice and is unpaid. At the end of the work experience students receive a **reference letter together with their End of Course Certificate of Attendance.**



Social and Cultural Programme

The best way to discover the city, meet other students, make friends, consolidate the language skills learnt in the classroom and...have fun!

Typical events include:

- Afternoon **visits to places of interest** such as Leonardo da Vinci's Last Supper, the Scala Museum, Science and Technology Museum, Art Exhibitions
- **Cooking classes** and **wine tasting** evenings
- **International happy hours**, in famous cafés and bars, starting with an **aperitivo** and going on till the early hours!
- Dinners in **typical Milanese restaurants and pizzerias** to enjoy Italian cuisine with students, teachers and IH staff
- **Italian Cineforum** to enjoy some of the most successful Italian movies and share your opinions and impressions with other students and a teacher
- **Excursions to nearby places of interest** such as Bergamo and Monza, Lake Como, Genoa and the Ligurian seaside villages where tasting focaccia bread is not to be missed!
- On top of that, students can join **for free** the glamorous events organised by International Week in **the most famous clubs and discos of Milan**, such as *Just Cavalli*, *Hollywood* and *OldFashion*!
- Finally, **a unique opportunity to meet Italian native speakers during our Apertivi and Pub Quizzes!**

"A great way to learn Italian and get to know the culture. I would never forget my husband (Italian) bragging that I knew more about his city than he did!"

Sonya, Trinidad and Tobago



"My host was fantastic! She made me feel very welcome right from the first day. Every evening I could practice my Italian while enjoying delicious home-made food"

Rafael, Colombia

Accommodation

Our accommodation is **carefully selected and visited** regularly throughout the year by our accommodation department. They are all well connected to school by underground, tram or bus. The average travel time is **around 25 minutes** by public transport.

Host family

The best way to practise Italian and immerse yourself in the new culture!

The hosts may be "traditional families" with children, young couples with no children, single-parent families, a single person and retired couples whose children have left home. Students are always accommodated in single rooms (unless two friends ask to share) and never share accommodation with students of the same nationality, unless this has been requested.

It is possible to book **half board** or **breakfast only**. **Executive host families** with private bathroom are also available on request.

Shared flats, usually with permanent tenants

Self-catering option **ideal for the students who wish to be a bit more independent**. Students have their own single room and share the kitchen and bathroom with the other tenants. Shared flats will host no more than 2 people at the same time.

Hotels, Residences and Hostels

Hotels, Residences and Hostels are also available. Please contact us for more details.





Useful information

Climate

Milan has a typical continental climate and every season has its own appeal and advantages. Spring is sunny and warm, with temperatures ranging from 12 to 20 degrees. Summer can be hot and humid, reaching 30-32 degrees in July and August. Outdoor swimming-pools, air-conditioning and the nearby mountains and the sea offer refreshment! Autumn is mild, but can be changeable and rainy. Winter is quite cold and the temperature can drop below 0° in December and January.

Arriving in Milan

Milan is served by three airports: **LINATE** is the most convenient, about 7 kms from the centre. Take bus no. 73 or a taxi to the city centre. Travel time is around 25 min. **MALPENSA** is about 45 kms from central Milan. Students arriving at Malpensa can either take the Malpensa shuttle bus to Stazione Centrale or the Malpensa Express train to Cadorna Station or Stazione Centrale. From there students can take the underground, a bus or taxi to their final destination. Travel time is around 40-50 min.

BERGAMO ORIO AL SERIO is about 60 kms from Milan city centre. Students can take a shuttle bus to Stazione Centrale. Travel time is around 60 min. Check www.sea-aeroportimilano.it and www.sacbo.it for more details. Students arriving by train in Milan will arrive at **Stazione Centrale**.

Meeting service

An IH Milan representative can meet students on arrival if required and accompany them to their accommodation. As this is quite an expensive service, we suggest that students take a taxi or local transportation.

Getting around in Milan

Milan is a fairly compact city and getting from one part to another is easy. It is served by an efficient and user-friendly public transport system. Students can take the metro, the bus, the omnipresent orange trams or the train. For those who love cycling, it is also possible to rent a bike, using the BikeMi service.

Travel cards and bus passes

Several options are available, from daily to monthly passes. They are quite cheap (compared to other major cities) and can be purchased at the ATM Point near Duomo Cathedral.

Insurance

All students are advised to take out a travel insurance policy. The policy should cover medical expenses, repatriation, loss or theft of property and cancellation of courses.

Visas

Citizens of the EU do not require a visa to enter Italy. Citizens of non-EU countries may need a visa and should contact their nearest Italian Embassy or Consulate for further information. IH Milan offers full support for sending the required documents.



CEF Common European Framework	ALTE Level and Summary	European Certification Italian: University of Perugia	International House Each level requests between 80-130 lessons of study, depending also on group size	International House World Level Descriptor At the end of the course:
A1 <i>Breakthrough</i>	You have no previous knowledge of the language.		1 Beginner	Learners can communicate at a minimal level. They would have serious difficulties in an Italian-speaking environment.
A2 <i>Waystage</i>	Basic communication is possible with assistance and you understand simple sentences spoken slowly and clearly.		2.1 Elementary I	Learners can communicate at a basic level and can deal with some situations necessary to survive in an Italian speaking environment. Their comprehension of Italian is limited but a foundation has been laid for further learning.
			2.2 Elementary II	
B1 <i>Threshold</i>	You can make effective and independent use of the language in familiar situations although there are still lapses in communication.	CELI 1	3 Pre-Intermediate	Learners are able to communicate adequately in simple everyday situations. Their range of vocabulary and ability to manipulate grammatical structure is developing, as is their ability to comprehend oral and written Italian.
		CELI 2 CIC Intermedio	5 Intermediate II	Learners are developing their language skills and can communicate quite fluently in most everyday situations. Their ability to express more complex ideas is beginning to develop, although their language is not always accurate.
B2 <i>Vantage</i>	Your use of the language is consistent and usually appropriate but lapses in fluency and accuracy still occur in complex situations.	CELI 3	6 Upper-Intermediate/ Pre-Advanced	Learners have a wide range of vocabulary and a command of all basic grammatical structures. They can use Italian in a variety of contexts and are beginning to appreciate many of the complexities of the language.
C1 <i>Effective Operational Proficiency</i>	You have a good command of the language. It is fluent, accurate, and well-organised with only a few uncertainties in complex and difficult situations.	CELI 4 CIC Avanzato	7* Lower Advanced	Learners are able to use a wide range of language effectively in a variety of contexts and can easily comprehend natural spoken and written Italian.
C2 <i>Mastery</i>	You have an excellent command of the language and can tackle the most difficult tasks.	CELI 5	8* Upper Advanced	Learners are developing an understanding of and an ability to produce the subtleties and complexities of the language, although they may still require some work on accuracy. At the end of this course, students should be close to native speaker competence.

* It is important to note that at this level of study the move from one level to another may represent a considerably longer period of study than 130 lessons.

Our level test

At IH Milan all levels are available, from beginner to advanced. The level test is one of the most important tools used to place students in the right group or to outline the best one-to-one course for them.

Do you plan to arrive in Milan just before the course starts?

Then the test and a questionnaire will be sent by email and should be sent back at least a week before the course start date.

Are you already living in Milan?

Then the best option is to book your free level test and come to take it in school. The written test will be completed with an informal chat.

Needs analysis

A very important preliminary for clients who book one-to-one lessons, super intensive and executive courses, Italian for Fashion and Design programmes. Our Director of Studies and the teacher will plan the course according to the clients' specific language needs and objectives.

End of Course Certificate

Issued on the last day, showing the number of lessons taken and the level reached.

CELI and CIC, Italian language Certificates

IH Milan is an authorised Exam Centre for the University for Foreigners of Perugia Certificates, which are valid as European Certification within the ALTE-Association of Language Testers in Europe Framework. Exam sessions are held in June and November.

Getting to Milan

By plane

Milan is served by three airports that offer many flights, some from budget airlines:

Linate - about 20 min from the centre

Malpensa - about 45 min from the centre

Bergamo Orio al Serio - about 60 min from the centre

Milan airports offer a 24-hour bus service to Milan city centre, with buses departing at regular intervals throughout the day. There are also frequent trains from Milan Malpensa airport.

You'll also find taxi ranks outside the airports exits.

By train

All the international trains arrive at **Stazione Centrale** or **Stazione Garibaldi**, from where you can take the metro or a taxi to reach your final destination.



Contact us

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